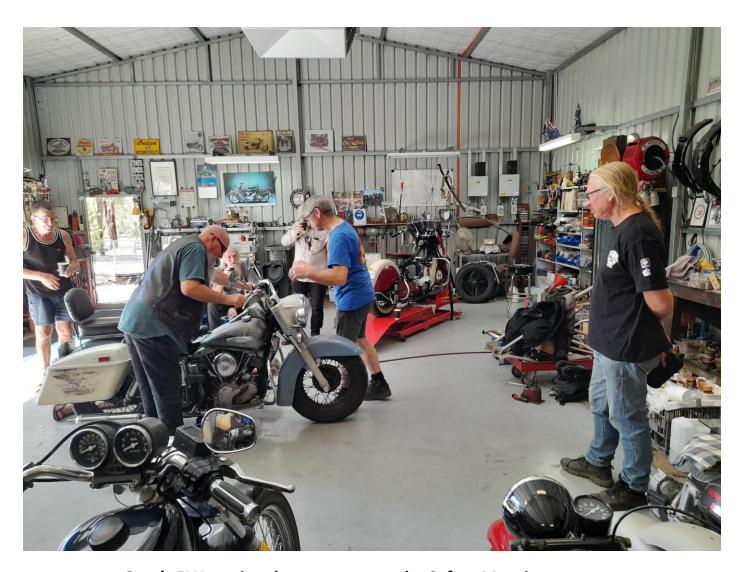


Issue 270 Views of correspondents may not necessarily be those of the club

February 2024



Greg's FLH getting the once over at the Safety Morning.

In this issue:

Saddle Up - page 4

Feature articles commence - page 5

Calendar of Events – page 12



Dedicated to promote the restoration, preservation and use of early American made motorcycles.

Committee

President: Travis Fairweather
Vice President: Mark Robertson
Secretary: Glen McAdam
Treasurer: Jeremy Bromley
Editor: Glen McAdam

Events/ride

Coordinator: John Johnson Social Media: Michael Tolj

Foundation Members

Alan Anderson, Allan Eaton, Audrey Wood, Bill Walton, Bill White, Bob Green, Dave Bunning, Dave Pearcey, Ed Buegge*, George Wood, Graeme Davis, Graham Datson, Ian Fitzgerald, Ivor Wigley, Jeremy Bromley, John Griffin, Joseph Brajkovich, Ken Dickman, Linda Forsyth, Matthew Powell, Murray Morell*, Norman Lewis*, Rod Lewis, Rex McCrae, Rod Payze*, Rolf Jorgensen, Stan Butler*, Stuart Fyfe, Sue Leitch, Wad Adamson, Wayne Elezovich.

*Deceased

Life Members

Rod Lewis 2009, Jeremy Bromley 2010, Ivor Wigley 2011, Geo Wood 2011, Wayne Elezovich 2012, Glen McAdam 2014, Norm Lewis 2015, Mike Tolj 2019, Bill Walton 2020.

Membership Fees

These are due by 31 December. \$20.00 for 2024.

Nomination Fee of \$20.00. Cheques made payable to

Early American Motorcycle Club. Preferred method is

electronic direct deposit to: -

Commonwealth Bank BSB: 066 100
Account: 1021 0659
Our postal address is.
PO Box 184, Tuart Hill, WA 6939



Welcome members.

The 50th Anniversary of the Bunbury Two Day Rally draws ever close 9-10th March. Club registrations for the event reached 39 members. This makes for an epic weekend doing what we all love-getting out and riding together.

As per the last few years, Lachy, Mark Matthews and L&M Paving and Concrete have kindly sponsored the Friday evening meal.

This year, with part assistance from the club due to the large number of members attending, we've planned to cook up a heap of roast and pulled pork with gravy rolls and salad. Nice and easy with less time spent standing by a BBQ all night.

Myself and Lachy will pre-cook the meat the night before and then all that is needed is a quick reheat-then dig in.

It would be of great assistance if some members could perhaps bring a salad or coleslaw (I hear John Naismith makes a killer potato salad). Between all of us we can make it work easily. BYO drinks.

Please advise me personally asap 0434238768 if you intend participating in the Friday evening meal. I need numbers asap for catering purposes. Also let me know if anyone is willing to help out with preparing a few side dishes.

Regards,

Travis Fairweather 0434238768

shaolin76@bigpond.com



Meeting: 13 February 2024 Venue: Pauls' place Opened: 6.51 pm

Attendees: Paul, Dave, Glen, Rob, Jeremy, Mike, Zack,

Peter, Travis, Geoff, Tim, JJ, Mark.

Apologies: Chris, Lyndon, Barry, Steve.

Minutes from January Meeting: Read. Moved: Travis.

Seconded: Jeremy. Passed.

Business arising from the minutes:

 Membership cards, Anniversary badges, buckle, pin are being attended to by Mike.

Correspondence Inwards:

- Dept Consumer Protection suggesting some minor rewording of some sections of the Constitution.
- Bunbury Two Day departure schedule.

Correspondence Outwards:

- Flatchat posted to Iva and Mark M.
- Emails advertising events-Northam Swap meet, Lyndon Birthday Invitation, Old Iron Swap Meet, Lake Perko Movie Night, Zack parts request.

Moved: Mike. Seconded: Rob. Passed.

Business arising from the correspondence:

Nil.

Treasurer's Report:

- \$10863.53CR.
- Expenditure: \$200 to IHC for trophy sponsorship
- Income: \$170 Fees from six members. 3x cloth badges sold at last Committee meeting
- Some members have made multiple payments or overpaid. These will be credited to future years.

Moved: Travis. Seconded: Mark. Passed.

Business Arising from the Treasurer's Report:

Nil

Ride Coordinators Report.

 A good turnout at the Safety inspection morning at Wayne's. Some minor issues addressed. Thanks are extended to Wayne and Phil for their time and expertise.

Upcoming Events

- 9/10 March. Bunbury Two Day. 240 entries. Thirtynine entries from EAMC. Caravans will be directed to
 park in the area south of the race track. Camping to
 be as usual in northern section. Because of the larger
 number of entries and because of safety and
 management concerns, riders will be set off with
 older bikes first. Riders will be grouped according to
 bike age. Therefore, EAMC riders will not be
 departing all together but in groups. We can all meet
 up at the first morning tea stop.
- There will be a meal of pulled meats and salads.
 Thanks go to Mark, Lachy and Travis for organising this. BYO drinks.
- 17 March. VMCC Old Iron. See poster at end of Flatchat.
- 24 March Brookton Mega Swap Meet. See poster at end of Flatchat
- 6/7 April. York M/C Festival- See previous emails
- 13/14 April. Hand Tool Preservation Society coffee run to Midland Workshops.
- May. President's Ride.

Safety Officer's Report:

Tim spoke about the need to remaining well hydrated during this hot weather. See article below.

General Business:

- Golden Ponds event decided to be an EAMC event for this year. Mike to liaise with Indian Club
- 13/14 April. Hand Tool Preservation Society exhibition at Midland Workshops. Mike to organise a run.
- Tim spoke about having fire extinguishers available at the Bunbury Two day at our camp area. Tim and Zack to follow up.

Meeting Closed: 7.50pm

Next Meeting:

12 March 152 Clifton Street Kelmscott 6111. Peter's place. 0415922743 scudman60@yahoo.com.au

All club members are welcome and encouraged to attend any Committee Meeting.

Old Style Club T Shirts Currently in stock

1 x T Shirt L White

1 x T Shirt M Red

1 x T Shirt L Red

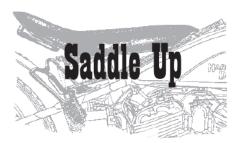
1 x T shirt XL Red

These items are all older style. All JB's Wear products. All with Plastic logo on back

.... also 5 Club Caps. Contact Jeremy directly 0438929341

New Style Stickers In Stock.

New Style Club Sew-On Cloth Badges in Stock.



Hi Everyone,

Ok it's been a little bit on the warm side for getting out on the older bikes of late, with not much cooling air for those fins to catch on the cylinder heads and barrels, which makes for some rather hot lower regions on us humans.

I had a ride down to Pemberton the other week in the 40C+ heat which was a little uncomfortable on the newer Harley Heritage, but being behind the screen at least the hot wind was kept at bay from the upper body. I do find riding the newer bikes during the hot days a little less fatiguing. But always remember to keep hydrated every time you pull over or stop to fill up the tank as the heat can bring the body temperatures up, which then makes it difficult to cool down without the necessary shade during a stop or a blast of air conditioning from the servo.

I see we have a good number of members registered for the Indian Harley 50th Two Day Event next month on the 9th & 10th which is great to see. We also have six members doing their first Two Day Event so welcome guys. I'm sure you're going to have a great two days riding visiting some of the exceptional scenic country roads the organisers (Indian Harley Club of Bunbury) find for us each year. Strange how every year I go, I kind of think I don't remember having travelled this road before.

The safety morning at Wayne's shed was well attended so if you came along, then thank you for taking the time out to catch up or get your bike checked over. A big thanks go to Wayne and Phil for kindly donating their time to check the safety aspects of your motorcycle be it an old bike or a somewhat newer variety. Thanks Wayne, for making your excellent facilities available and the necessary knowledge to check out the brakes, steering head bearings and what have you on everyone's bike who came along for the morning.

Did anyone brave the 43+ degree Celsius temperatures and get along to the first of this year's swap meets at Northam? I think we had a local member close by from York attend with news of a few Indian goodies which generated a little bit of interest from our well-established Indian owners.

As previously mentioned, the month of March starts off with the 50th Indian Harley Two Day followed closely by the Old Iron Classic Motorcycle Display and Swap Meet at the Cannington Exhibition Centre on the 17th then the Brookton Motor Swap Meet and Market on the 24th. Anyone who gets along to the Cannington Swap Meet is welcome to call in afterwards at our member Paul Winchester's place nearby. You can catch Paul at the swap meet or give him a call on 0414 801 710 of you want to call by on the 17th.

April sees the York Motorcycle Festival which is held over two days on the 6th and the main day on the Sunday the 7th where you can show off your bike in the Town Hall at the Show and Shine. We have a few members who enter this well attended show. We might have a few riding up from Perth for the Sunday festivities. Check the York Motorcycle Festival website page. https://www.yorkmotorcyclefestival.com.au

The Hand Tool Preservation Society is holding a two-day event at the Midland Workshops. Mike is organising a run from Gracies café from 9.30am on Sunday 14 April to ride to Midland. Older bikes preferred.

Usually in May we get to follow Travis on the club's President's Ride to a local watering hole and catch up with members after a ride along some nice scenic roads. The good news is this year will be no different. Dates in May for rider start point times and location to be advised.

If you have a ride or an event you think our members would like to attend, please let me know so the committee can sanction and get those details out to fellow riders.

Rides between the monthly Flatchat editions are kept up to date by emails to all members with dates; departure times and meeting locations so keep checking those email systems from time to time.

If you're planning to ride your concession bike on any 'Impromptu Rides' you can do this through the EAMC Club website just follow the link below. https://www.earlyamericanmotorcycleclub.asn.au/register-a-ride

Just a reminder on the subject of concessions registered with the DOT, that you need to maintain a standard for code 404 and C4C, so just make sure your motorcycle is registered correctly. It's cheaper to check than pay a fine.

All EAMC rides count towards the President's Cup. Members older bikes of Indians, Harleys and others are tallied for the annual trophy. So, riding your older machine counts towards the President's Cup. Come along on your more modern machines if you don't have an older model as you're going to be made welcome whatever you ride.

If you have bike numbers from any 'Impromptu Rides' you might have organised, this can also count for the President's Cup. Inform someozybloke@yahoo.com.au Glen or glenmca@iinet.net.au so we can update the numbers. importantly, Most use the EAMC https://www.earlyamericanmotorcycleclub.asn.au/regis ter-a-ride to make it legal. If you require help setting this up on your phone, ask our President or Mike as he has set this up for quick and easy access.

Stay safe everyone and see you on the Road.

IJ

Ph: 0429 686 558

Email: jjsleazy@ozemail.com.au

Out Now! GRIT - Part 2

https://thevintagent.com/2023/12/09/thevintagent-selects-grit-part-2/

SUMMARY

Archive Moto presents GRIT Part 2 of a three-part documentary series looking at the history of one of America's most infamous and sensation sports, motorcycle Board Track Racing.

Just as quickly as bicycle fever swept the nation in the 1880s, so too did motorcycle mania in the early 1900s. Motorcycles followed the blueprint of the industrial revolution, utility and refinement drove production and profit.

Manufacturers of motorcycles, parts, and accessories sprang up by the dozens. Trade magazines kept enthusiasts up to date with the latest innovations and newest trends in the wheelman's world. Shops made space on their showrooms for new motorcycle stock, and growing manufacturers further expanded their distribution markets. Social groups formed promoting riding, lobbying for accommodation and better roads, and organizing socials, long-distance tours, and exhibition races on local hills and horse tracks.

The saying goes, that the first motorcycle race occurred the day the second motorcycle was built, which isn't all that far from the truth. Daring enthusiasts and champion cyclists alike could be found gathering at local horse tracks to pit their machines against one another. It was one such track, Los Angeles's Agriculture Park on May 7, 1901 that former cyclist Ralph Hamlin bested three other entrants on his Orient motorcycle at roughly 32 mph in what is widely credited as America's first motorcycle race.

Eleven years later, Motordrome fever in America was just beginning to enthrall the American public, and in time, larger, steeper tracks would allow more riders to race in a single heat and break record after record as the top speed climbed. By 1912, Motorcycle racing was entering its golden age, but the gruesome, deadly reality of speed on the perilous wooden motordromes would soon catch up.

Enjoy Part 2, A Battery of Gatlings of GRIT, the third and final chapter will be released soon.

Safety Morning

There was a good roll up of members and machines at the annual safety morning. Some members met at the Artisan Bakery in Mundaring before riding to Wayne's. Other members were already there to have Wayne and Phil go over their bikes to check for safety issues.

This has been a popular event each year as bikes are checked in preparation for the big two-day rally held in Bunbury each year. The rally course is a long one of about 200km through vineyards, dairy cattle grazing and forest depending on what course participants undertook. Either way it is through some back country so it is wise to have bikes well prepared for this event.

Many thanks go to Wayne, Phil and others who examine members machines.

























Safety Officer ArticleMotorcyclists and Dehydration

A past study concluded that not drinking enough water has the same effect as drink driving. To put that study into perspective, driver errors found were of a similar magnitude to those found in people with a blood alcohol content of 0.08%.

Understanding dehydration

Water makes up the largest component of the human body representing 45% to 70% of our body weight. For example, a 75 kg person would contain 45 litres of water, representing 60% of body weight. Any excessive change in the normal body water balance, such as fluid loss causing dehydration can be a serious outcome for the motorcyclist.

We lose body water daily through normal tasks such as breathing, sweating, urinating and some medications. A reduction of only 1% can start to impair our body's normal temperature regulation system and dehydration will kick in. Your muscle strength and mental abilities will be diminished with 2% dehydration, you will be thirsty at 3% dehydration, and at 4% dehydration, you will no longer be thirsty and will be facing a real life-threatening emergency.

Hence it is important to regularly replenish that body water.

Thirst is a poor indicator of dehydration

During periods of elevated heat exposure e.g. exercise and/or elevated ambient temperatures (hot days), body water is primarily lost as sweat. During these periods of elevated heat exposure individuals can sweat anywhere between 800 mL to 1.4 litres per hour. But people normally do not perceive thirst until a deficit of approximately 2% body weight loss has resulted from sweating. Thus, thirst provides a poor indicator of body water needs during rest or physical activity. When individuals are encouraged to drink fluids frequently during heat exposure, the rate at which we can replace the fluids by mouth is limited by the rate at which fluids can be absorbed from the stomach to the intestines (where the absorption process starts to take place).

Fluids can only empty from the stomach at a maximum rate of approximately 1 to 1.2 litres per hour.

The important message is that once dehydration occurs, it becomes more challenging to rehydrate adequately by drinking water.

Best Practice

The key to preventing dehydration for the motorcyclist is to begin consuming water before going on a ride and to maintain hydration by taking frequent drinks of water during the ride. Typically, when we get up in the morning to go for a ride, we are already needing to replenish our body water as we have not had any fluids though the night. A good guide would be to drink the equivalent of a bottle of water (500-600ml) when we get up. Then the same again before we leave.

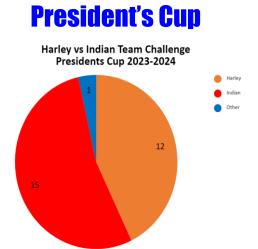
Remember that on a hot day you can sweat more per hour than what your body is capable of absorbing. In these instances that is why it is critical to maintain your water intake before, during and after the ride.

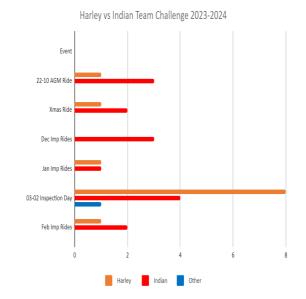
DRINK, don't just sip.

Acknowledgement to Bikesure.com.uk Tim.

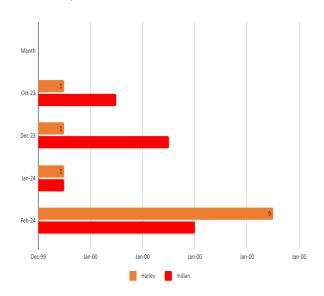


-This chart is also at the end of Flatchat-









Free

Full set of leathers- used.

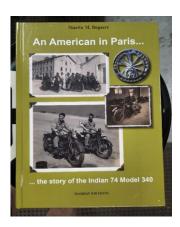
David has a set of leathers to give away. Small size. Has the number 100 on the pants. Contact him 0418950072





For Sale

The Indian dealer in Melbourne gave me a box of brand new out of print books to sell. The above story of Military Indians is a good read. \$130. **Wayne.**0438977741



Harley battery box - enables you to put a sealed battery inside.

<u>First one:</u> Herbert (Chris) Daniel – <u>cdaniel677@aol.com</u> Advertised in the AMCA magazine. Cost is US\$240 (\$175 + \$65 shipping) = AUD\$376.

Not cheap but is the right one for U model and knuckleheads (possibly pans too).



The second one: Lowbrow

Customs https://www.lowbrowcustoms.com/products/bates-battboy-battery-box-for-modern-gel-or-li-ion-batteries

Cost US\$123 + \$47 shipping = AUD\$266. Have purchased one of these and it is pretty well made.





York Motorcycle Festival 6/7 April

https://www.yorkmotorcyclefestival.com.au







POTENTIAL DANGERS OF RIDING A MOTORBIKE DEHYDRATED

Cognitive impairment Drinking less than 25ml of water an hour can more than double the number of mistakes we make on the road - so aim for at least 200ml of water per hour.

Water improves reaction times

Your reaction speed and your ability to respond to changing road conditions and risks could in some cases be improved by as much as 14% by drinking plenty of water.

Detrimental effects

After losing around 5% to 6% body water, you might begin to experience grogginess, sleepiness, severe headaches or nausea.

Muscle cramps

The more dehydrated you get, the more likely you are to experience muscle cramps in your legs or abdomen which can seriously affect your ability to control your

Stiff joints

Having the right amount of water in your body helps keep your joints lubricated and handle your bike more efficiently.

Too much water

Your body can't stock up on water so drinking two litres before you set off won't last you all day. A small amount throughout the day is best. An excess of water can sometimes dilute the sodium salt levels in your blood and contribute to dehydration.

WARNING SIGNS

Headaches

When you're running low on water the fluid sack containing your brain shrinks, pushing it against the skull and resulting in a headache.

Thirst

Our thirst sensation doesn't usually appear until we are 1% or 2% dehydrated. But by then it's too late, dehydration is already setting in. Women should drink about eight glasses of 200ml each, and men should have ten glasses of 200ml throughout the day.

Dry skin Don't let a lack of sweat fool you into thinking you're not hot or dehydrated Your body will try to retain as much fluid as possible if you're not drinking the recommended amount

Colour and lack of urine

Urine turns dark yellow or tan coloured when you're dehydrated. You also urinate less frequently, so don't be fooled into thinking that's a good thing when you're on a long ride, it's a clear sign you're on the way to dehydration.

bikesure.co.uk

RIDE CALENDAR

Date	Event	Organisers	Start Time
9/10 Mar	Bunbury Two Day —Machines ridden must be over 25 years old. The <u>Information Pack</u> is available now check the IHC website	Indian Harley Club Bunbury Glenda Patterson on 0417018225 or Bert Sykes on 0400799947	TBA as per your rally pack issued on the day.
17 Mar	Old Iron Classic Motorcycle Display & Swap Meet – Cannington Exhibition Centre Crn Albany Hwy and Station Street. Sellers enter from 07:00. Details at vmccwa.com/classic	VMCC of WA	08:00 till 12:00
24 Mar	Brookton Motor Swap Meet and Market – Brookton Oval Brookton. See Facebook site for details.	Brookton Old Time Motor Show	07:00 till 12:00
6 April	York Motorcycle Festival - free activity in Peace Park from 1pm-8pm on Saturday 6th April. Market stalls, food trucks, entertainment and fun for kids! Harley-Davidson concert is on Saturday 6th April at the Imperial Homestead and features rockabilly band Johnny Law and the Pistol Packin Daddies! It's free and kicks off at 8pm.	Details for show join email list. See Website	1pm Peace Park. 8pm Imperial Homestead
7 April	York Motorcycle Festival – All the usual activities including Show & Shine. Make it a Saturday & book accommodation. See York M/C website for all details.	Details for show join email list. See Website	10:00
13/14 April	Hand Tool Preservation Society - coffee run to Midland Workshops. Preference for old bikes, but happy for cars, modern bikes to attend. Head out for lunch afterwards if anyone is interested.	Meet Gracies 9.30am or go straight to Midland 10am.	9.30am.
May	EAMC Presidents Ride – Details to follow in the New Year.	President & Helpers	ТВА
14 July	EAMC Poker Ride - Details to follow in the New Year.	EAMC	TBA
Sept/Oct	Golden Ponds - Details to follow in the New Year.	ТВА	TBA
Oct	EAMC AGM - Details to follow in the New Year.	Pres & Committee	TBA
Oct/Nov	American Car Club - Details to follow in the New Year.	ACC of WA	TBA
6 Oct	EAMC Quindanning – Day l unch ride for newer bikes or oldies with road speed.	EAMC	ТВА
Nov	EAMC Southern Walton Ride - Details to follow in the New Year.	Wayne & Rob	ТВА
Dec	EAMC Christmas Ride - Details to follow in the New Year.	EAMC	ТВА

Non-EAMC Events - optional